

Activities

South Dublin

County





Activities in South Dublin County

If you are the type of person who loves being outside, then South Dublin County is the place for you. Whether it's hiking up the Dublin Mountains or a horse riding adventure with Coolmine Equestrian, whatever you choose you are guaranteed beautiful views and nature at your fingertips.

Why not try HillTopTreks walking holidays, who provide tours around the Dublin Mountains? They cater for walkers and hikers at all levels.

South Dublin County Council

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 Dublin's Outdoors

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DUBLIN MOUNTAINS




Just over 12 km from Dublin's city centre, the Dublin Mountains are the playground for both young and old. The views over Dublin from various locations within the mountains are some of the most beautiful views in the world.



From walking to mountain biking to hiking, the Dublin Mountains cater for all. Within the area you can enjoy a variety of activities such as hiking and walking, orienteering, mountain biking, jogging and much more. For the wildlife lovers, there are a variety of animals to spot such as red squirrels, red grouse, kestrels, deer and badgers.



HillTopTreks

Ireland offers a great range of exciting and active getaways for everyone, from adventurous individuals or groups to thrill-seeking couples and fun-loving families. HillTopTreks walking holidays offer an exciting alternative to other activity holiday options, as well as providing an excellent opportunity to explore all that the Dublin mountains have to offer.


 **HillTopTreks**, 17 Dodder Lawn,
Dodder Valley Park, Firhouse, Dublin 24.



 087 784 9599
 www.hilltoptreks.ie



Zipit Forest Adventure

Zipit Forest Adventure Park offers up to four hours of thrilling, fun-filled treetop experience in a great outdoor setting for adults and children. Climb high into the treetops, swing into cargo nets, surf with a difference or try cycling over a treetop bridge before zipping down one of the many zip lines.

 **Zipit**, Tribbradden Wood,
Co. Dublin.



 051 858 008
 www.zipit.ie



Mountain biking

Biking.ie is a bike rental and guided tour specialist service. They offer a range of mountain bikes to rent and a variety of fun-packed cycling day tours for visitors to Ireland seeking to explore beyond Dublin city. Each tour is tailored specifically to novice or experienced cyclists, for an enjoyable pace that best suits you.


 **Biking.ie**, Ticknock Forest,
Kellystown Road, Dublin 18.



 01 206 3919
 www.biking.ie



Water sports

Fun, adventure, exercise, team-building and the chance to see some of the most beautiful parts of the Liffey from a whole new angle — Rafting.ie gives you a day to remember, which just might be the experience of a lifetime. The River Liffey is a treasure trove.

 **Rafting.ie**, Canoe Centre, Mill Lane,
Palmerstown, Dublin 20.

 01 626 4363
 www.rafting.ie



Golf

Grange Castle provides golfers of all abilities with a truly enjoyable golfing experience in a wonderful parkland setting. The course is set amid the backdrop of the picturesque Dublin Mountains and beautifully designed with 7 lakes and a number of streams running throughout.

 **Grange Castle Golf Club**, Nangor Road, Clondalkin, Dublin 22.

 01 464 1043  www.grangecastlelgc.com

Horse Riding

Coolmine Equestrian Centre is a top-class horse riding facility located near Saggart village in the foothills of the Dublin Mountains. The family-run centre offers various equestrian services from lessons for adults and children to leisurely trail rides and education.

 **Coolmine Equestrian Centre**, Coolmine, Saggart, Dublin 24.

 01 458 8447  www.coolmineequestrian.ie



Running

The Dublin Mountains offer good road surfaces for running and cycling. It's a training ground for those iron men, iron women and general fitness nuts of the city and beyond! Why not conquer Dublin's highest peak, Kippure, at GaelForce Dublin in February each year?

The Dublin Mountains Way

The Dublin Mountains Way starts in Tallaght, offering stunning city vistas along a 42 km trail through forests and mountains and back to Dublin Bay. You don't have to do all 42 km in one go. Bite-size chunks are possible in the many forests and recreation sites in the Dublin Mountains.


LIST OF USEFUL WEBSITES


Dublin's Outdoors	www.dublinsoutdoors.ie
South Dublin County Council	www.sdcc.ie
Dublin Bus	www.dublinbus.ie
Luas Tram	www.luas.ie
HillTopTreks	www.hilltoptreks.com
Zipit Forest Adventure	www.zipit.ie
Biking.ie	www.biking.ie
Rafting.ie	www.rafting.ie
Grange Castle Golf Club	www.grangecastlelegc.com
Coolmine Equestrian	www.coolmineequestrian.ie
Bleeper Bike	www.bleeperbike.com


GREAT THINGS TO DO, EXPLORE, DISCOVER...



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Comhairle Contae
Atha Cliath Theas
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Dublin
*Surprising
by Nature*